

2 DAY COURSE



EMOTIONAL INTELLIGENCE SKILL SET

Develop Emotional Intelligence Skills and Increase Your Social Understanding.

COURSE DESCRIPTION

Learn how to develop and use emotional intelligence to increase self-awareness, self-management, social awareness, and relationship management skills.

These skills can be highly beneficial to individuals within the workplace, especially those seeking leadership and management positions.

Course Duration: 2 Full Days

Delivery Mode: Online via Zoom OR face-to-face at our Broadmeadow training facility.

Upon successful completion learners will receive a statement of attainment for the following nationally accredited units -

Units of Competency:

BSBPEF401 - Manage Personal Health and Wellbeing

BSBPEF502 - Develop and Use Emotional Intelligence

PROGRAM INCLUDES:

- Learn Emotional Intelligence principles and strategies.
- Build active listening skills.
- Promote the development of emotional intelligence in others.
- Techniques for management of physical health and mental wellbeing.
- Self-awareness, self-management and social awareness skills.

FEE FREE TRAINING

*Eligibility criteria applies

To check eligibility and course information please contact us.

FOR MORE INFORMATION AND BOOKINGS:



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Accelerating productivity
Transforming futures*